

The River News

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Wednesday 20 February, 2019

Issue 2 - Term 1 – Week

Important Dates – TERM 1

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Week 4	
Friday 22 February	PSSA
Week 5	
Monday 25 February	Early Bird Reading
	Healthy Harold Yr2 –Yr6
	Jnr Dance
	NO ASSEMBLY
Tuesday 26 February	Healthy Harold K – Yr1
	Swimming Carnival Yr2 – Yr6
Wednesday 27 February	SRE & SEE
	Tennis
	Sports in School
Friday 1 March	PSSA
Week 6	
Monday 4 March	Early Bird Reading
	School Photos
	Jnr Dance
	SPORT ASSEMBLY 2.30pm
Wednesday 6 March	SRE & SEE
	Tennis
	Sports in school

The last few weeks has seen the staff and students settle in to the school routine well.

Thank you to families and staff for engaging with the parent teacher interview process last week. The process is so important at the commencement of the new school year. The teachers truly value the opportunity to hear about your children and your hopes for them over the coming year.

The Early Bird Reading program has started very strong. We have over 40 students who have either mentored or attended as a reader over the past two weeks. I have been very impressed with the peer mentoring and commitment of students seen so far.

Junior and Senior Dance

Students are instructed by qualified dance teachers. They learn routines for the Sutherland Shire Music Festival and for our Christmas Carol event.

Science Club

Students who have a keen interest in Science will conduct an investigation. Science investigations become a feature for the WRPS annual Family Science Night held in Term 2.

Drawing Club

Drawing club is a new initiative of WRPS. Students meet in the library to put their drawing skills in to action.

Tennis

Tennis lessons are provided by a qualified coach for a 7 week program each term. Students have expressed an interest through the EOI process conducted at the start of the year. Class size is capped, so therefore keen students will get an opportunity to participate throughout the year.

Computer Room

Students have the opportunity to use technology resources under the supervision and guidance of staff.





Construction Club

Students will create and build using their imagination with construction toys.

Library

Our school library is open each Friday for students to spend time immersed with books. Alternatively, students can choose to engage in quiet activities such as board games, puzzles and computers.

Playground Disco

Students have fun singing and dancing to their favourite tunes on the bottom playground.

Below is the timetable for extra-curricular break time activities. The aim of these activities is to give students options around choices for break times.

	Mon	Tue	Wed	Thurs	Fri
Morning	Early Bird Reading				
Lunch	Science Club			Senior Dance (paid activity) Construction Club	Library
Fruit Break	Junior Dance (paid activity)	Drawing Club	Tennis (paid activity)	Computer Room	Play- ground Disco

Health and Wellbeing

If your child is sick at home

From time to time your child may get sick and display any number or symptoms that mean it's best to keep them away from school and see your doctor.

Some of these symptoms include:

- a fever of 38°C or above
- vomiting or diarrhoea
- severe cold or flu symptoms
- rashes of an unknown origin

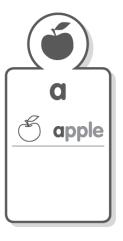
If your child is sick at school

If your child gets sick or injured at school, the school will contact you. If your child is ill, they will go to an area where they can lie down and be monitored. You will be called to come and collect your child if they are too sick to go back to the classroom. For this reason it is important to keep your contact details up to date with the school, including an alternative contact – such as a relative or neighbour – the school can call should you be unavailable.

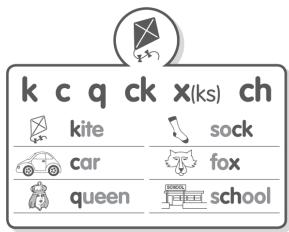
Suzy Newell-Courtney Principal



Week 5











Swimming Carnival

Our school swimming carnival will be held next Tuesday 26 February at Sutherland Leisure Centre. All students Y2-6 are expected to attend and will travel to the centre by bus.

Parents and families we ask for your assistance to ensure students only attend the shop during the designated break times. This is to ensure appropriate supervision of students throughout the day.

If you intend on signing your child out at the conclusion of the carnival, please see the teacher on crowd supervision duty on the grass hill.

Classroom Helpers

Please keep your eye out for a note home this week seeking classroom helpers. We are streamlining support this year and would love for helpers on Tuesday, Wednesday and Thursday mornings between 9.30am and 10am.

Schools Clean Up Day

Woronora River will be holding the annual Clean Up Day on Friday 1 March. Students are asked to bring gloves, a bucket or plastic bag to collect rubbish.

Sport Report

Term 1 - 15 February 2019

PSSA Team	Opposition	Result	Most Valuable Player
SNR SOFTBALL	LOFTUS	4 – 7	CIAN & HARRISON
JNR TEEBALL	LOFTUS	15 - 14	RONAN & DANIEL
SNR TOUCH	BYE		
JNR TOUCH	BYE		

Awards Congratulations..... Achievement Awards

KL	
1E	
2/3A	Lucy
3/4R	-
5/6N	Matilda

Election Day BBQ

Saturday - 23 March 2019

Call out for volunteers to coordinate the traditional Election Day BBQ run by the P&C.

Volunteers will be needed to help on the day So put the date in your dairy **23 March** 1 hour isn't much.

Requests for donations of equipment and food will go home soon.

ROSTER COORDINATOR

Working with the Principal to set up an online Roster and encouraging volunteers

SET UP & PACK UP CREW

Rise and shine 7.30 am start, approx. 3 pm finish

LET MRS COURTNEY KNOW BY 1 MARCH 2019 IF YOU CAN HELP FILL THESE POSITIONS.

COMBINE WITH A FRIEND AND SHARE THE WORK.







Kindergarten

Kindergarten has settled in so well to school. I am so proud of how well everyone is listening to instructions and completing their work. There are many routines to learn and the older students have been wonderful helping the Kinders find their way around. Thank you to the year 6 buddies for their kindness in making their buddy feel special. We have already started our new spelling program, completed Maths activities and even been doing some unplugged coding. I look forward to the rest of 2019 and watching how much each child grows.

Mrs King







NEW SOUTH WALES DEPARTMENT OF EDUCATION AND TRAINING



1E

"1E has been working hard this week in Maths. Exploring numbers and learning to count forwards and backwards from numbers between 1 - 100"







2/3A

In 2/3A students have settled into Literacy Group rotations. Literacy Rotations are an effective strategy to build students' capacity in reading, writing and spelling. Students work through a range of engaging activities that include guided reading with the teacher, spelling games with a partner, independent work on the Chromebooks and small group writing activities. Students not only develop skills in reading, writing and spelling they are learning to collaborate successfully with their peers and take ownership of their learning.

To finish off our Literacy Rotations, students enjoy their crunch and sip while I read the Tashi series of books to them. Students are captivated by the Tashi series and are learning to make predictions about the stories by using clues in the text and earlier books in the series.





DEPARTMENT OF EDUCATION



3/4R

3/4 have been very busy working on the new spelling program Soundwaves. This week we been working on the b bb sound. It has been great to see everyone identifying words with the b bb sound in them and using these words in a variety of activities.

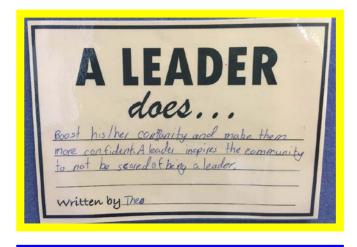




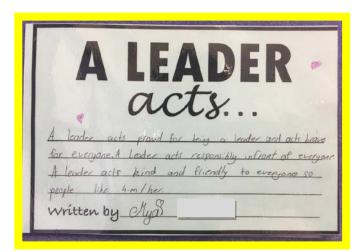


5/6N

It has been a great start to the year in 5/6N. As the new leaders of the school, we have been looking at important aspects and qualities it takes to be a leader. We learnt that leaders act kindly, are motivating, positive and set a good an example for others. In 5/6N we are going to lead with love and kindness!







RFF

In the Creative Arts room we have been creating our own colour wheels by blending our Primary Colours to create the Secondary Colours.

Every student in the school has also decorated their own hand outline. Each class then put them together to creative a 'masterpiece'. Year One titled their flower a 'handy - lion'







WELCOME BACK TO TERM 1

Thank you to all our hardworking volunteers. The canteen couldn't open without your help. If you are interested in lending a hand next term, look out for the volunteer request form in April. It's a super easy way to contribute to the success of our school. The profits from the canteen go back to the school for essential resources.



A new trial addition to our menu Freeze dried fruit packages \$2

Monday

SCHOOL CLOSED 04/02/2019 - Louise 11/02/2019 - The Allen's 18/02/2019 - Alison and Nikki 25/02/2019 - Danielle & Kristi 04/03/2019 - Danielle & Kristi 18/03/2019 - Mylee & Donna 18/03/2019 - Danielle & Kristi 25/03/2019 - The Allen's 01/04/2019 - Alison & Nikki 08/04/2019 - Danielle & Donna

Friday

01/02/2019 - CLOSED 08/02/2019 - Donna 15/02/2019 - Rebecca 22/02/2019 - Kate 01/03/2019 - Liz 08/03/2019 - Elethea & Erin 15/03/2019 - Liz 22/03/2019 - Kate 29/03/2019 - Liz 12/04/2019 - Liz 12/04/2019 - Kate A gentle reminder that for the foreseeable future the Canteen is open on Monday's for lunch orders and counter sales, and on Friday's it's <u>only open for</u> counter sales. No lunch orders will be sold.





B and A News Term 1 Week 4

WRPS BASC Management Committee AGM

The Woronora River PS Before and After School Care Centre Annual General Meeting was be held on Tuesday 20th February at 6pm in the B&A Centre. Unfortunately, there were no new faces at the meeting. The Management Committee for 2019 is:

President: Rachel Moore Secretary: Elethea Young Treasurer: Natalie Doble Public Officer: Mat Burton Committee Members: Lisa Lindbeck, Sarah Ballantyne

Policies

In accordance with our Policy Review Schedule (https://drive.google.com/open?id=0B_NSx44yYcgx cW04YXBGSE01WVk), a number of policies have recently been reviewed and updated A copy of the updated policies is available on our Google Drive (https://drive.google.com/open?id=0B_NSx44yYcgx cWhzMEowSEphRGM), or in hard copy at the centre.

Please provide any feedback to Jennie. The effective date for the policy updates will be 5th March 2019.

Week 4 (commencing Monday 19th February) Planned Activities for this week Wool and Felt Crafts

Afternoon Tea Monday Fruit with Custard and Yoghurt Tuesday Sausages Wednesday Veggie Sticks with Crackers and Dip Thursday Bread Cups Friday Sandwiches

Centre Hours

Just a reminder that our Operating Hours are: Moming 7 -9am Aftemoon 3-6pm

We are unable to accept children into care before 7:00am.

Late collection of children has an impact on our staff. If you are going to be late for pickup it would be appreciated if you could let us know, so that we can manage your child's expectations. Whilst we understand that some delays due to traffic, accidents etc are unavoidable, where possible if you cannot collect your child by 6pm, you should arrange for one of your authorised contacts to collect your child. A late fee of \$5 per 5 minutes (or part thereof) applies.

<u>Resources</u>

We are currently working with the children to determine what new resources/activities they would like purchased for the centre. If you have any feedback or suggestions, please let staff know.

If you have a particular activity that you would like us to explore, please feel free to addit to the suggestion box or "comment tree".

Week 5 (commencing Monday 25th February) Planned Activities for this week Plaster Painting

Afternoon Tea Monday Pasta Napolitana Tuesday Sandwiches Wednesday Fruit with Custard and Yoghurt Thursday Cheese Toasties Friday Tacos









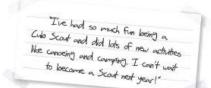


explore cub scouts

At Cub Scouts, young boys and girls can make lots of new friends and explore the great Australian outdoors in a safe and friendly environment.

Cub Scouts will learn new skills while taking part in heaps of activities such as camping, bushwalking and bush-craft.

No one has to miss out - the whole family is encouraged to enjay and take part in Cub Scouts!





world of fun

"Research shows that children who learn how to negotiate social interactions in the early years are more likely to achieve higher outcomes in education, health and well-being."

The health of young people is very important and Cub Scouts is a great way to introduce them to an active lifestyle - while they are having fun and making friends!

Cub Scouts begin taking responsibility for themselves in a safe environment which teaches valuable life skills. Scouting also teaches young boys and girls the value of citizenship and how to give back to their communities

Each Cub Scout has the opportunity to achieve the Grey Wolf Award before moving anto Scouts.



The made heaps of new friends, especially all the kids in my Culo Scout pack We have a great time together."

your local cub scout hall

Weekly meetings at your local Scout hall are held to build up skill levels, play games and plan for weekend adventures.

The safety of all Cub Scouts is very important which is why there are always Leaders on hand during all activities. All Leaders are trained to make sure Cub Scouts is fun for everyone!

interested in joining your local Scouts?

Whatever cultural or religious background you come from, you'll find a welcome at Scouts!

Membership enquiries are also welcome from those with intellectual or physical disabilities.

To find out more about how your family can get involved and to help us keep you informed:

T	1800 SCOUTS (726 887)
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scouts is for SCOUTS HELPS 11-15 YEAK OLDS TO BE PREPAKED FOR LIFE everyone NO OTHER OKGANISATION OFFERS A scouts DIVERSE KANGE OF ACTIVITIES FOR YOUNG PEOPLE ACROSS A WIDE KANGE OF AGES. learning life skills In Scouts, young people CUB SCOUTS loge 8 - 11) learn: Independent thinking Social interaction 🗹 Leadership skills Problem-solving Responsible risk taking Girls and boys are equally involved Your local Scout Group welcomes you, please contact: 9570 4525

make your own challenge.



discover scouts

At Scouts, young bays and girls can take part in heaps of activities that will teach important life skills – while having fun and keeping active!

Kids will make new friends and take part in exciting group activities such as camping, bushwalking, watersports, cooking, aerial challenges and bush craft.

Scouts is family friendly - parents and siblings are also encouraged to explore the world of Scouts!





get outdoors

"Research shows that children who learn how to neglotiate social interactions in the early years are more likely to achieve higher outcomes in education, health and well-loeing."

The health of young people is very important and Scouts is a great way to stay fit and healthy while experiencing the Australian outdoors!

Scouts prepares kids for life by building confidence while teaching the value of responsibility. Scouts also team valuable leadership skills and Scouting allows young boys and girls to give back to their communities.

Each Scout has the opportunity to achieve The Australian Scout Medallian before moving anto Venturer Scouts.





The had the appartiality to try heaps of new things of Scarts, like canoning and rack-clamboing, that I wouldn't be able to do anywhere else."

your local scout hall

Weekly meetings at your local Scout hall are held to build up skill levels, play games and plan for weekend adventures.

The safety of all Scouts in very important which is why there are always Leaders on hand during all activities. All Leaders are trained to make sure Scouts is fun for everyone!

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Hello, it is our pleasure to offer all the families and friends of our performers and contractors the opportunity to purchase General Admission SRES tickets at a discounted rate. This Offer is valid until Midnight 22 April 2019. Please note that this offer is for you to pass onto family and friends (as many as you like).

To redeem the 15% Discount on Tickets:

- 1. Visit
 - www.ticketmaster.com .au/sres15
- 2. Enter the promotional code <u>SRES19ENT15</u>





Netball Club



SUNDAY - AFL The Game for Everybody

Waratah Oval No. 4 - Sutherland upgraded ground & facilities

Who can play?Girls & boys teams (ages 5 to 17)What skill level?Any skill levelSeason Start?April 2019Register Interest:recruitment@mirandabombers.org



(AFL) play.afl



Come play Netball with Jannali Netball Club in 2019

Everyone welcome from 5 years to Seniors

Use your Active Kids Rebate

Registration opens 1st January 2019

For more information visit our

Website: www.jannalinetball.com.au

or follow us on Facebook

Tuning Into Kids Parenting Group. Sutherland Shire – February 2019

Learn how to.....

· Be better at talking with your child

Emotional Intelligent Parenting

- Be better at understanding your child
- Help your child to learn to manage their emotions
- Help to prevent behaviour problems
- Help your child manage conflict.

The program will support you in knowing how to help your child develop emotional intelligence. Helping them make and keep friends, have better concentration at school and how to calm down when upset or angry.

What is Emotional Intelligence?

Emotional Intelligence is about using your emotions to guide you through the world. It is about being able to use your knowledge of emotions to:-

- calm yourself down,
- to manage anger and conflict,
 to help you in your relationships with other people,
- to understand what is happening in social situations
- to assist you in any aspects of life that involves you and another person.

This is a blame free safe space to share and learn about the toughest job in the world, parenting.

Suitable for or parents and caregivers of children aged 0-8 years of age.





Facilitators: Becca Johnson and Sara Beresford Terry

When: 7 weeks on Tuesday Evenings, 26th February – 9th April 2019

Time: 6.30 - 8.30pm

Where: Mima Counselling Services, Unit G2.3 (Century 21 House), 5-21 Carter Road, Menai Central, Menai.

Cost: FREE program (PSS eligibility required)

To secure attendance a PSS group referral form is required. Please visit your GP, PSS provider, community worker, health care provider or baby nurse.

For information please contact Becca on 0490 873 292 or Sara on 0481 088 537 or email: <u>sara@minacounselling.com.au</u>

Lilly Pilly Counselling Incorporated is a Provider Organisation for Psychological Support Services (PSS) program funded by Central and Eastern Sydney PHN

@bangortigersjafc REGISTER now for season 2019



U15 - Div 1 Sydney Harbour Competition U12 & U13 - Div 2 Sydney Harbour Competition U9, U10 & U11 - local South Region Auskick (4 to 8 year olds) - local South Region



Barden Ridge Oval 316 Old Illawarra Rd



AFR Sydney

Enquiries Neil Phillis 0407 275 470 president@bangortigersjafc.com.au

Michelle Hicks 0402 409 075 registrar@bangortigersjafc.com.au



www.bangortigersjafc.com.au/register/







International Women's Day 2019

Healthy Mums, Healthy Daughters. Celebrating the health & cultural diversity of local women. Join us on 8th March 10am at Menai Community Centre



Attention all Mums!

Are you keen to get fit and join a nice, supportive and social soccer team?

The ladies <u>over 38s</u> would warmly welcome some new players to their team. Training is on Wednesday nights at Prince Edward Park. Games are on Sundays.

Message Maree Tozer on Facebook or visit <u>http://bonnetbayfc.com/</u> for further details.













