



# The River News

Woronora River Public School  
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Issue 4 - Term 1 – Week 8

Wednesday 15<sup>th</sup> March, 2017

## Important Dates – TERM 1

### Week 8

Friday 17 <sup>th</sup> March	Ride to School Day Dance Filming
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### Week 9

Monday 20 <sup>th</sup> March	2L Assembly
Tuesday 21 <sup>st</sup> March	Harmony Day

### Week 10

Monday 27 <sup>th</sup> March	Leaders Assembly
Tuesday 28 <sup>th</sup> March	Create South Auditions

## Staffing Update

Welcome to Mrs Marshall who commenced at WRPS today as an English as a Second Language (ESL) Teacher. She will be working ½ days each Wednesday and Thursday for the remainder of first semester.

## Late Arrivals to School

It is very important to have your child arrive at school on time. Coming into class late is often unsettling for your child and can be disruptive to the class. Students that are habitually late to school miss vital learning time. Please be aware that attendance rolls are taken every day and are checked by the Home School Liaison Officer (HSLO). Absences, late arrivals and early departures are monitored by school staff and the HSLO and significant absence rates are investigated by the HSLO.

## Facebook

Our school's official Facebook page is now live! To ensure you have found the correct page – it's the one with the CARE pencils as the main photo. This

will be an additional source of information for families. The newsletter and website will remain as the main sources of information.

## Permission To Publish

A note regarding permission to publish student photographs on the school's website, Facebook page, newsletter, etc was sent home last week. These need to be returned as soon as possible.

## Zone Swimming

Congratulations to the Zone Swim Team who performed well at the Engadine pool earlier this month. Alexi and Ethan represented the Sutherland Zone at the Sydney East Swim Championships on Monday. Alexi came third in her heat of the 50m freestyle for 10 year olds and Ethan won the 12/13 year boys 50m butterfly. Ethan will now represent Sydney East at the state titles. Thank you to all the parents who were able to transport students to and from this sporting event. Your assistance is greatly appreciated.

## Positive Friendships

Last week our school counsellor, Mrs Sheehy commenced lessons in each class about building and maintaining positive friendships. These lessons will continue for the rest of the semester.

## High School Placement

Please ensure that Expression of Interest forms for High School placement are returned to the school office by the end of this week.

## NAPLAN Dates

Naplan will be held for students in Year 3 and 5 in Term 2. The NAPLAN testing window is 9<sup>th</sup> – 11<sup>th</sup> May.

- 9<sup>th</sup> May – language conventions and writing
- 10<sup>th</sup> May – reading
- 11<sup>th</sup> May – numeracy

### Book Club

Please be reminded that cash is no longer accepted as payment for Scholastic Book Club. Payment can be made with credit card on the scholastic website or cheques made payable to Scholastic Australia can be sent to the school.

### DanceSport

At this stage, we are unable to participate in DanceSport due to the clash with Stage 3 Camp. We have investigated alternate options and have not found a viable outcome.

### Dance Filming

Dance students are reminded to bring dance clothes for filming of auditions this Friday. We are auditioning for Ultimo Dance Festival and the Schools Spectacular.

### PSSA Trials

PSSA trials for winter sports will be held over the next two weeks. Students who are trialling for soccer need to return a permission slip to walk to Prince Edward Park.

### School Banking

Banking day for students is Tuesday. Bank books are collected from classrooms each Tuesday and returned to students in the days following. Thank you to Mrs Moore for coordinating this service for our students.

### P&C

The WPRS P&C Annual General Meeting was held on Monday evening. The positions of Secretary and Banking Treasurer were not filled. If you are able to volunteer for either of these positions, please contact the school.

### Uniform Shop Update

Every effort is made to keep our items affordable whilst still generating a small profit to help support our P&C with initiatives that benefit the school. As of 15/03/17 there will be an increase of a few uniform items. Please see the attached updated price list. The uniform shop is open 9 – 9.30am every Monday.

### Leadership by the River

Our four school leaders are attending Leadership by the River with Mr Westwood tomorrow. They will be working with school leaders from other local primary and high schools.

### Ride to School Day

Students are encouraged to ride their bikes to school this Friday for Ride to School Day.

Karen Simula

**Principal**

### Drama Incursion

On Friday we had a drama incursion. We worked in groups of 7 and acted out plays to learn about environmental hotspots. There were 4 groups. One was about the Great Barrier Reef and the pollution killing the fish. The second one was about saving animals' homes in the jungle. The third was about over fishing in the Antarctic. The last one was about poor children in a country that lived in the rubbish dump. They made toys out of the rubbish. We also made a spaceship out of our bodies. Teagan was really fun and used a funny voice. It was really interesting and exciting.

Written by Lacey, Harrison and Anna

Multi Award Winner - Est. 1997

# Studio Jooles

an expansion of

## The Kids Art Academy

# LEARN TO DRAW !!

PAINT, DESIGN, CARTOON weekly holidays workshops corporate teachers groups ladies teens h.s.c kids



### ART SALES

**KIDS- DRAW & PAINT SKILLS COURSE**  
**LADIES 'Chill Out, No Fail' COURSE**

- Versatile interactive techniques
- Latest styles • Inexpensive materials
- 2hrs of creative bliss in my art studio

Menai, Miranda **9532 1400**  
 GALLERY [juliestapleton.com.au](http://juliestapleton.com.au)  
 SCHOOL [thekidsartacademy.com.au](http://thekidsartacademy.com.au)



website

# CANTEEN NEWS



## GREAT START TO TERM 1

The latest additions to our specials menu have been hugely popular, some more to try are:

2 Happy Healthy Berry and Apple Pikelets for 70c – made with grated apple, berries, wholemeal flour, egg and milk. A healthy **GREEN** option

Chilli Mexican Popcorn 50c a bag – air popped corn with taco seasoning. A healthy **GREEN** option

Banana Yoghurt Ghost Pops 50c – banana dipped in vanilla flavored Greek Yoghurt covered in coconut and frozen. A healthy **GREEN** option

## INTRODUCING HEALTHY SCHOOL CANTEENS

The NSW Department of Education has revised the Healthy School Canteen Strategy with a goal to increase the availability of healthy food and drink options in school canteens, and to make the healthy choice, the easy choice. It replaces the Fresh Tastes@School Strategy in NSW schools that was commonly known as the traffic light system.

The revised strategy is consistent with the 2013 Australian Dietary Guidelines and classifies food and drinks as either **Everyday** or **Occasional**. Sugary drinks will not be sold.

NSW public schools will have until the end of 2019 to transition to the strategy, with the main changes being:

- Three quarters of our schools canteen menu must be **Everyday** foods and drinks
- A Health Star Rating of 3.5 Stars and above to be applied to all **Occasional** foods and drinks
- Portion limits on **Occasional** foods and **Everyday** drinks
- **Occasional** foods and drinks are not promoted, advertised or displayed in prominent positions

Head to the Healthy School Canteen website for more information.

<https://healthyschoolcanteens.nsw.gov.au/>

## PRICE INCREASE

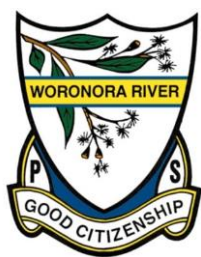
Every effort is made to keep our menu items affordable, whilst still generating a small profit to help support our P&C with initiatives that benefit the school. As of the 15/03/2017 there will be an increase to a few menu items – see the attached updated price list



Coming soon - Raison Toast for EASTER

MONDAY	MID-WEEK COOKING	FRIDAY
13/03/2017 – DANIELLE EIZENBERG		17/03/2017 – TATIANA MUNNOCH AND PAULETTE WILLIAMS
20/03/2017 – PAULETTE WILLIAMS		24/03/2017 – KATRINA ARCHER, ELETHEA YOUNG AND NICOLE CROCKER
27/03/2017 – ALISON ROWE & DANIELLE EIZENBERG	SARAH ON 01/04/2017	31/03/2017 – PAULETTE WILLIAMS AND ANGELA DE SILVA
03/04/2017 – KAREN GOCK	KAREN ON 03/04/2017	07/04/2017 CLOSED





# Canteen Price List

The Canteen is open at first break on Monday and Friday  
Lunch orders are available on Mondays and Fridays.

Lunch orders must be written on a paper bag with your child's name and class. Money can be placed inside the bag. Please place all orders in the basket located on the bench in the foyer of the office by 9:15am.

😊 Healthy choice – everyday food    😊 Moderately healthy – sometimes food    ☹ Occasional – twice a term

## Sandwiches (GF add \$0.50)

😊 Cheese	\$2.20
😊 Ham	\$2.50
😊 Ham and salad	\$3.50
😊 Honey	\$1.50
😊 Salad (tomato, lettuce, cucumber, carrot, beetroot)	\$3.00
😊 Vegemite	\$1.50
😊 Tuna	\$3.00

## Rolls (GF available add \$0.50)

😊 Cheese and salad	\$3.50
😊 Cheese and tomato	\$3.00
😊 Ham and salad	\$3.70
😊 Tuna and salad	\$3.70
😊 Salad (tomato, lettuce, cucumber, carrot, beetroot)	\$3.00

## Extras

😊 Tomato, lettuce, carrot, cucumber, beetroot, cheese, pineapple	\$0.50
Sauce (tomato/BBQ)	\$0.60
	\$0.10

## Hot Food

😊 Chicken burger (lettuce and mayo) (homemade))	\$4.00
😊 Chicken burger GF (homemade) (lettuce & mayo)	\$4.00
😊 Chicken nuggets (homemade) (3 for)	\$2.00
😊 Fried Rice (homemade, GF)	\$3.50
😊 Hamburger (meat, lettuce, tomato, cheese)	\$4.00
😊 Lasagne (homemade)	\$4.00
😊 Pizza (ham and pineapple) (homemade)	\$3.00
😊 Pizza (cheese) (homemade)	\$3.00
😊 Spaghetti Bolognese (homemade)	\$4.00
😊 Chicken wrap (with lettuce and mayo)	\$3.50
😊 Chicken wrap (with lettuce, tomato, cucumber, carrot)	\$4.00
😊 Jacket potato (ham & cheese, tuna & sweetcorn, baked beans)	\$4.00

## Jaffles (GF add \$0.50)

😊 Cheese	\$2.50
😊 Ham and cheese	\$3.00
😊 Cheese and tomato	\$2.70
😊 Baked beans	\$2.70

## Salad Plate

😊 Includes: Tomato, lettuce, carrot, cucumber, beetroot and pineapple, plus ham, tuna or cheese	\$4.00
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## Counter Sales

### Drinks (can also be ordered with lunch)

😊 Milk (plain)	\$1.20
😊 Milk (chocolate, strawberry)	\$1.50
😊 Just juice (apple, orange, paradise punch)	\$1.50
😊 Water (plain)	\$1.00
😊 Focus flavoured Waters (Fruit Tingle, Lemonade)	\$1.50
😊 Hot chocolate (winter only)	\$1.00

### Ice blocks

😊 Quelch (Frozen fruit sticks)	\$0.50
😊 Paddlepops (chocolate, banana, rainbow,)	\$1.50
😊 Icy twist	\$1.20

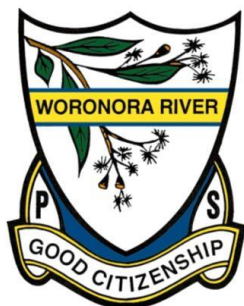
### Snacks

😊 Chips (plain, honey soy)	\$1.30
😊 Apple slinky	\$0.60
😊 Slinky – bring your own apple/pear	\$0.20
😊 Popcorn	\$0.50
😊 Bread sticks	\$0.10
😊 Tiny Teddies (max 10)	\$0.05
😊 Garlic bread	\$0.50

Seasonal snack specials available over the counter

Paper Bags	\$0.10
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GF = Gluten free



# Woronora River Public School Uniform Shop Order Form 2017

The Uniform Shop is open on Monday between 9 – 9.30 am. Orders can be left at the office in an envelope with the correct money. Items will be sent home with your child within the week.

Name \_\_\_\_\_ Date \_\_\_\_\_

Class \_\_\_\_\_ Phone Number \_\_\_\_\_

Cash or cheque made payable to  
Woronora River Public School  
Parents and Citizens Association

Item	Size	Price	Quantity	Size	Total \$
<b>Jackets/Jumpers</b>					
Fleecy Jumper with printed emblem	4 – 16	\$24.00			
Fleecy zip jacket with printed emblem	4 – 16	\$26.00			
Baseball jacket with embroidered emblem	4 – 16	\$40.00			
Waterproof winter jacket	6 – 16	\$38.00			
<b>Unisex Sports Uniform</b>					
Blue/Gold Polo Shirt with embrdrd emblem	4 – 16	\$24.00			
Shorts in blue with embroidered emblem	4 – 16	\$20.00			
Fleecy track pants	4 - 16	\$20.00			
Soccer/Softball Socks	S M	\$7.00			
<b>Hats</b>					
Beanie	one size	\$10.00			
Slouch	S M L	\$12.00			
Flexi Baseball Cap	Youth/SM	\$35.00			
Self-adjusting Baseball Cap	one size	\$12.00			
<b>School Bags</b>					
School Bags – ergo tuff pack in royal blue	na	\$50.00			
Library Bags with school emblem	na	\$12.00			
Eco Elite bag	Na	\$12.50			
<b>Total</b>					

Updated: Wednesday, March 15, 2017

Selections of second hand items are also available for sale from \$3.00, including jackets, jumpers, tunics, pants and shirts. Kind donations of good quality items are always welcome.

All profits from the uniform shop support the school.

## B and A News Term 1 Week 8

### WRPS BASC Management Committee Meeting

We wish to advise that the next Management Committee Meeting will be held at B&A at 6pm on Tuesday 4th April 2017.

At this meeting we will be voting on a Special Resolution to update the Constitution of the Incorporation.

All parents (and children) are welcome and encouraged to attend.

### Activities

We had fun making slime with cornflour and water last week and exploring its different properties - messy fun activity. We also enjoyed the break from the rain and enjoyed some time outdoors. As always the children have access to a wide variety of resources with painting, white board, mobilo, blocks and cars currently being well utilised. We have also been working on solving the Rubiks Cube which is proving a challenge!

This week we will be offering a variety of beads, and other resources for the children to create with, and next week we will be making glitter and sand art.

If you have a particular activity that you would like us to explore, please feel free to add it to the suggestion box or "Comment Tree" or the children can write suggestions on the Children's Ideas board.

### Week 8 (commencing Monday 13<sup>th</sup> March)

#### Planned Activities for this week

Bead Crafts

#### Afternoon Tea

Monday Bread Cups

Tuesday Sandwiches

Wednesday Fruit with Custard and Yogurt

Thursday Pasta Napolitana

Friday Tacos

### Week 9 (commencing Monday 20<sup>th</sup> March)

#### Planned Activities for this week

Glitter and Sand Art

#### Afternoon Tea

Monday Veggie Sticks with Crackers and Dip

Tuesday Sausages

Wednesday Pasta Napolitan

Thursday Sandwiches

Friday Fruit with Custard and Yogurt





## TAKE CARE GOING TO AND FROM SCHOOL

Welcome back to a new school year! Sutherland Shire Council Roads & Traffic Officers will be out at all schools again this year helping you to ensure that all children get to and from school safely.

### DROPPING OFF OR PICKING UP YOUR CHILDREN

Schools are areas where there is a lot of interaction between cars and pedestrians: your children. Children are small, hard to see, behave unpredictably, and are extremely vulnerable.

Their lack of road experience means it is difficult for them to judge dangerous situations. Boys are twice as likely to be involved in pedestrian accidents as girls and children 10-14 years have the highest rate of child pedestrian casualties (RMS).

- Children up to eight years old should hold an adult's hand on the footpath, in the carpark or when crossing the road.
- Children up to ten years old should be actively supervised around traffic and should hold an adult's hand when crossing the road.
- Take the time to make sure your children are aware of, understand and follow traffic safety regulations when they are walking.

### HAVE A PLAN

Plan with your son or daughter how you will collect them. When and where you will be after school? Where should they wait? Make sure they know not to try and get into your vehicle while it is still in traffic, even if you are stopped, they should wait until you have parked at the side of the road.

Plan to arrive AFTER the school bell goes in the afternoon, so your children are ready and waiting for you and you are not blocking traffic.

### NO PARKING ZONES

A No Parking zone is a pick up and drop off area, you can stop here for a maximum of two minutes to drop off or pick up passengers and must remain within three metres of the vehicle. When parents park in a No Parking zone for longer than two minutes they prevent other parents from stopping to drop off or pick up their children, creating frustration and dangerous situations. If you arrive before the school bell and block the pickup areas, you risk a fine.

Parking offences in school zones carry heavier fines and loss of demerit points. Sutherland Shire Council makes no apologies for fining drivers who break the law around schools and in school zones.

See the Roads and Maritime Authority website at [www.rms.nsw.gov.au](http://www.rms.nsw.gov.au) for more about Australian Road Rules and other road safety information.

### SOME SIGNS YOU WILL SEE AROUND YOUR SCHOOL

#### NO PARKING

##### What does it mean?

You CAN stop in a NO PARKING zone for a maximum of two minutes to drop off and pick up passengers. You must stay within three metres of your vehicle at all times.



##### Why is it there?

To provide a safe place for older children to be set down and picked up without endangering other children

#### NO STOPPING

##### What does it mean?

You CANNOT stop in this area FOR ANY REASON.

##### Why is it there?

To keep sight lines clear for drivers AND children so both have more time to avoid crashes.



#### BUS ZONE

##### What does it mean?

You must NOT stop or park in a bus zone unless you are driving a bus.

##### Why is it there?

To provide a safe place for large buses to set down and pick up. Cars parking in bus zones put lives at risk by forcing buses out of 'their' safety



Administration Centre  
4-20 Eton Street, Sutherland NSW, 2232.  
Locked Bag 17, Sutherland NSW 1499  
Telephone: 02 9710 0333 Facsimile: 02 9710 0265  
Email: [sso@ssc.nsw.gov.au](mailto:sso@ssc.nsw.gov.au) [www.sutherlandshire.nsw.gov.au](http://www.sutherlandshire.nsw.gov.au)